

BALD EAGLE YOUTH WRESTLING CLUB
INFORMATION AND COMMITMENT FORM 2023-2024

USA Wrestling Card

- Every Wrestler must carry a USA Wrestling Membership for additional Insurance.
- Athlete Membership is **REQUIRED** for the 1st night of practice.

Wrestling Shoes

- **DO NOT** wear your wrestling shoes outside of the wrestling room.
- You will bring in the dirt from the ground outside which will ruin the mats, and cause dirty mats for wrestlers to be on – **NOT SANITARY**

Head Gear

- This is **OPTIONAL** for children – if your child participates in any RMN Events, headgear is required.

Skin Care

- Wash your bodies thoroughly after each practice, this will keep skin diseases under control and protect your child from easily transferred skin diseases (i.e., Ringworm, impetigo).
- If your wrestler comes down with **ANY** skin rashes or redness that is unknown, please **DO NOT** attend practice. Please seek a physician’s opinion for treatment. Your wrestler will need a doctor’s note to clear them for practice or tournaments.

Nails

- All wrestlers are required to keep their nails short for each practice to avoid scratching other wrestlers and transferring bacteria through wounds.

Weigh-ins

- Every tournament done in the P2P league will require weigh-ins on Thursday prior to the tournament. These will be **PAY TO WEIGH**, if you do not pay, we will not register your wrestler for the Saturday tournament.

Honor and Respect

- Bald Eagle Wrestling wants to voice the importance of holding the same standard of Respect and Honor outside of the Wrestling Room.
- Any reported bad behavior will automatically have your wrestler on a “No Wrestling” list for one week. If there is repeat behavior, this could lead to pulling your child from practice for up to two weeks or asking your child to leave the Bald Eagle Youth Wrestling Program.

Bald Eagle Youth Wrestling Club is a non-profit organization that is promoting the youth in our valley, by supporting each other and not bringing anyone down. We are a team supporting individuals in the sport of Wrestling.

Parent/ Guardian Signature: _____ Date: _____

Wrestler(s) Name(s): _____

Wrestler(s) Signature(s): _____ Date: _____

Wrestler(s) Signature(s): _____ Date: _____